



**Roundtable Event
Augusta Civic Center
November 8, 2024**

Agenda

- 9:30 – 9:45 **Registration**
- 9:45 – 10:00 **Welcome:** *Vanessa Madore, CEO and President,
Maine Savings Federal Credit Union*
- 10:00 – 11:45 **Multidisciplinary Team Case Activity**
*Co-Facilitators: Chief Andrew Booth, Bath Police
Department, and Dana Morrell, SeniorsPlus*
- 11:45 – 12:30 **Lunch**
- 12:30 – 2:00 **Ageism Presentation: Maine Council on Aging**

How we think, feel, and talk about aging and older people impacts our own health in later life and shapes the culture in which we age. Supportive, inclusive, age-positive views and cultures result in longer, happier, healthier lives. In fact, people who live with age-positive views live 7.5 years longer and with less anxiety and disease than those who live with negative attitudes. Yet we swim in a culture that perpetuates negative attitudes about getting old, reinforces the eventuality of disease and dependency in later life, depersonalizes and segregates older people from their communities and families, fails to create adequate access to supports and services, and magnifies disparities from other systems of oppression. In short, our collective ageist beliefs about the value of older people contribute to the causes and conditions that allow elder mistreatment to occur. If we want to live healthier, longer, safer lives free of abuse and neglect, we must eliminate ageism. This work starts with us. This interactive session will explore what ageism is, how it impacts us, our institutions and systems, and effective ways to disrupt it. It will also provide tools you with tools you can use to more effectively communicate about our ending elder abuse.

- 2:00 – 2:10 **Q & A, Closing Remarks**

Thank you for joining us today! If you are not currently participating with a local Triad and/or Elder Abuse Task Force, contact information for existing groups can be found at www.elderabuseprevention.info.

This program is made available in part through the generous support of AARP Maine.